

# NEXTSTELLIS: WHY A SELECTIVE ESTROGEN MATTERS

NEXTSTELLIS IS A COMBINED  
ORAL CONTRACEPTIVE  
CONTAINING A MODERN,  
SELECTIVE ESTROGEN

 **nextstellis**<sup>®</sup>  
(drospirenone and  
estetrol tablets)  
3 mg/14.2 mg

#### WARNING TO FEMALES WHO SMOKE

Do not use NEXTSTELLIS if you smoke cigarettes and are over 35 years old. Smoking increases your risk of serious cardiovascular side effects (heart and blood vessel problems) from birth control pills, including death from heart attack, blood clots, or stroke. This risk increases with age and the number of cigarettes you smoke.

Please see the enclosed full Prescribing Information, including Boxed Warning, and Patient Information.



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# WHAT IS NEXTSTELLIS?

NEXTSTELLIS is a combined oral contraceptive pill that is FDA-approved to prevent pregnancy

**estrogen** + **progestin** = 

[estetrol]      [drospirenone]      [NEXTSTELLIS]



**FACT**      **NEXTSTELLIS contains a native and selective modern estrogen - estetrol**



NEXTSTELLIS is the only birth control method to use estetrol – a modern estrogen. Estetrol has a unique action and works selectively in different parts of the body. While estetrol is found naturally in women, it is made from a plant source for use in NEXTSTELLIS.

**Estetrol works selectively, such as in:**

 <b>SELECTIVE</b>		Estetrol supports your body to minimize breakthrough bleeding
		Estetrol has minimal effects on your liver, so it does not increase cholesterol
		Estetrol has a low impact on breast tissue

**The first new estrogen development in over 60 years**

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# WHY

## IS NEXTSTELLIS RIGHT FOR YOU?



**Impact on weight: LOW**

*Less than 1.1 lb mean weight change at 6 months\**



**Incidence of acne: LOW**



**Rates of breakthrough bleeding: LOW**



**Impact on sex drive: LOW**

NEXTSTELLIS contains estetrol, the selective estrogen that supports your body.



**Contraception without compromise - good cycle control AND good tolerability**



### Important Safety Information

What else should I know about taking NEXTSTELLIS?

Before taking NEXTSTELLIS, tell your healthcare provider about all of your medical conditions, including if you:

- are scheduled for surgery, NEXTSTELLIS may increase your risks of blood clots after surgery. Talk to your healthcare provider about taking NEXTSTELLIS before and after your surgery or if you are going to be unable to walk for an extended period of time.
- are depressed now or have been depressed in the past.

\* Creinin MD et al, Estetrol-drospirenone combination oral contraceptive: North American phase 3 efficacy and safety results. Contraception. 2021; 104: 222-228.



# 3 HOW SHOULD I START TAKING NEXTSTELLIS?



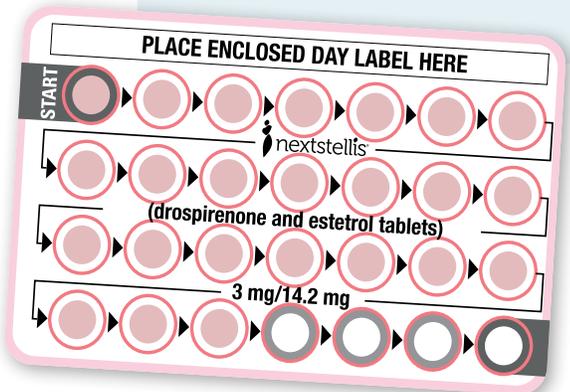
- 1 Take your first pink pill on the first day of your next period
- 2 Continue taking the pills in order every day, including the white pills at the end of your pack
- 3 If you start taking NEXTSTELLIS on any day other than the first day of your natural menstrual period, use a back-up non-hormonal birth control method (such as condoms or spermicide) until you have taken 1 active (pink) pill every day for 7 days

## Pro Tip:

Take your pills at the same time every day. Set an alarm on your phone to help you remember.

## How will my period be affected?

Like a natural period, most women taking NEXTSTELLIS had predictable monthly bleeding (called withdrawal bleeding) in clinical trials



✓ 90% of women experienced no breakthrough bleeding/spotting\*

✓ For women who experienced bleeding/spotting\*, it lasted <1 day and was mostly in the first month

✓ REMEMBER: it may take a few months for your body to adjust to NEXTSTELLIS – this is normal

## Easy to start, easy to stay with

For complete information on how to take NEXTSTELLIS or missed pill information please see the enclosed Prescribing Information or visit [NEXTSTELLIS.com](http://NEXTSTELLIS.com)

### Important Safety Information

#### Who should not take NEXTSTELLIS?

Do not use NEXTSTELLIS if you smoke and are 35 years of age or older. Do not use NEXTSTELLIS if you have or have had blood clots, history of heart attack, stroke or certain heart valve problems, high blood pressure that medicine cannot control, diabetes for more than 20 years, severe migraine headaches with aura, breast cancer or any cancer that is sensitive to female hormones, liver disease or liver tumors, unexplained bleeding from the vagina, have kidney disease or kidney failure, have reduced adrenal gland function, or if you take Hepatitis C drugs containing ombitasvir/paritaprevir/ritonavir, with or without dasabuvir, as this may increase levels of liver enzymes in the blood.

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\* Spotting is any light bleeding that does not require the use of sanitary protection, including pantyliners.

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# WHAT IS THE MOST IMPORTANT INFORMATION I SHOULD KNOW ABOUT NEXTSTELLIS?

## *What else should I know about taking NEXTSTELLIS?*

Before taking NEXTSTELLIS, tell your healthcare provider about all of your medical conditions, including if you:

- are scheduled for surgery. NEXTSTELLIS may increase your risks of blood clots after surgery. Talk to your healthcare provider about taking NEXTSTELLIS before and after your surgery or if you are going to be unable to walk for an extended period of time.
- are depressed now or have been depressed in the past.
- had yellowing of your skin or eyes caused by pregnancy.
- are pregnant or think you may be pregnant.
- are breastfeeding or plan to breastfeed. NEXTSTELLIS may decrease the amount of breast milk you make. NEXTSTELLIS may pass into your breastmilk. Talk to your healthcare provider about the best birth control method for you while breastfeeding.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. NEXTSTELLIS may affect the way other medicines work, and other medicines may affect how well NEXTSTELLIS works.

## *What are the most serious risks of taking NEXTSTELLIS?*

NEXTSTELLIS may cause serious side effects that may lead to death including blood clots in your lungs, heart attack, or a stroke. Some other examples of serious blood clots include blood clots in the legs or eyes. Other serious risks include high potassium levels in your blood, high blood pressure, new or worsening headaches including migraine headaches, possible cancer that is sensitive to female hormones, liver problems, changes in the sugar and fat blood levels, gallbladder problems, irregular or unusual vaginal bleeding, spotting, or absence of menstrual periods, depression, possible cancer of the cervix, swelling of the skin especially around the mouth, eyes, and in the throat, and dark patches of skin around your forehead, nose, cheeks, and around your mouth, especially during pregnancy.

## *What are the possible side effects of NEXTSTELLIS?*

The most common side effects reported by females taking NEXTSTELLIS in a study were spotting or bleeding between menstrual periods, mood changes, headache, breast tenderness, pain and discomfort, painful periods, acne, weight gain, and decreased sex drive.

**You are encouraged to report negative side effects of prescription drugs to the FDA.**

**Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.**

## **Important Safety Information**

### *What is NEXTSTELLIS?*

NEXTSTELLIS is a prescription combination oral birth control pill used for the prevention of pregnancy. NEXTSTELLIS does not protect against HIV infections (AIDS) and other sexually transmitted diseases. NEXTSTELLIS may be less effective if you have a body mass index (BMI) of 30 or higher. It is not known if NEXTSTELLIS is safe and effective in females with a body mass index (BMI) of 35 or higher. If you are moderately obese, discuss with your healthcare provider whether NEXTSTELLIS is appropriate for you.

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# EASY, AFFORDABLE access

## How you can save on NEXTSTELLIS?



- Available everywhere – ask your healthcare provider
- NEXTSTELLIS has no generic equivalent and cannot be substituted

### You can save on NEXTSTELLIS by following 3 simple steps



- 1 Visit [NEXTSTELLIS.com/patient](https://NEXTSTELLIS.com/patient)
- 2 Download your Patient Savings Card
- 3 Present the Savings Card to your pharmacist

Learn more about NEXTSTELLIS and find answers to other frequently asked questions at [NEXTSTELLIS.com](https://NEXTSTELLIS.com)

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